

GOVERNMENT COLLEGE OF EDUCATION

SECTOR 20-D, CHANDIGARH-160020



RED RIBBON CLUB

REPORT

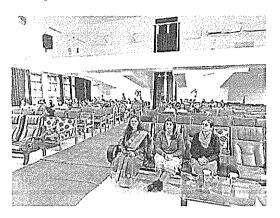
BLOOD DONATION CAMP

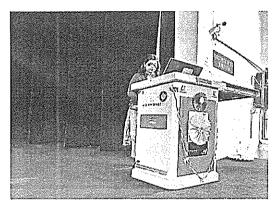
Date: 13 March 2024

One day blood donation camp was organized by the Red Ribbon Club of the Government College of Education; sector 20 D, Chandigarh on 10th March 2023 under the esteemed guidance of our club Incharge Dr. Kusum. Mr. Sunil Kumar Panghal, Asst. Director (youth Affairs)-cum-Incharge (Blood Safety) Chandigarh State AIDS Control Society, International Hostel, Madhya Marg, Sector-15-A, Chandigarh were the Guest on the occasion and Dr. (Mrs.) Sapna Nanda, Principal, Government College of Education, she inaugurated the camp along with Dr. Ravneet Kaur Head, Department of Blood Transfusion, Government Medical College of Hospital, Sector 32 and RRC incharge Dr. Kusum. The session started with motivational lecture by Dr. Kshitija Mittal Assistant Professor from Government Medical College of Hospital, Sector 32 where she highlighted the importance of blood donation. She discussed about the need of blood to save human life, components of blood that can be used, the situations and diseases where blood transfusion is required. She continued her discussion with the importance of voluntary blood donation and why blood given voluntarily is the best type of blood donation that a person can do. She also emphasised on the fact that blood is replenishable and there is no major effect on donator health whatsoever. After this, she gave a detailed description about the process of blood donation where she described the whole process of selecting those donors that are healthy and able to give blood which comes with certain conditions(like having haemoglobin more than 12.5, not being on any medication, not being on periods for females, etc.). After this selection, the donor is asked to lie down and the blood is taken under careful observation of the doctors with clear labelling and careful handling of the collected sample. After the blood has been taken, the donor is monitored by the onsite doctors for a little while so that they can make sure that the donor is in perfect health. Dr. Ravneet Kaur motivated everyone present in the hall to donate blood and save lives, and the result was that the students of the college enthusiastically participated in the blood donation camp. All volunteers were awarded with a

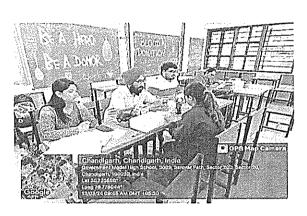
brooch and a certificate by Madam Principal, Dr Ravneet Kaur and Dr. Kusum. Students of both semesters took part in blood donation camp enthusiastically along with teaching and non-teaching staff. Refreshment was also given to donators. Team of 13 doctors were there to assist and guide donator. Students have to undergo through an examination which included checking weight and haemoglobin level of students to check whether they are fit for donating blood or not.

Glimpses of the Event:

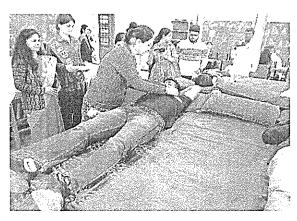














Convenor Red Ribon Club

Principal

Govt. College of Education Sector - 20 D, Chandigarh

CC:

1. For Office Records

2. For College Website

3. For NAAC Dr. Rajni Thakur